

Kindergarten No. 32 with integration groups in Konin

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I Establishment of Eco-Committee The election of the Local Committee was as follows:

a meeting of the Pedagogical Council was held, a meeting of the Parents Council was convened, a meeting of members of the Administration and Kindergarten Service was organized, talks were held in all preschool groups.



II. Conducting an Eco-Audit

From the initial audit carried out in the given thematic areas, it appears that children's awareness of topics related to food and waste management is insufficient. Only a small group of younger children marked the sad face during the audit, which means that they should be informed about the above topics. In all the thematic areas, the final audit form shows that the content transmitted to children has been largely assimilated by them. Most of the children marked smiley faces, which means that their knowledge about healthy eating and waste management has increased.

In the 2017/2018, our facility undertook activities in the field of healthy nutrition and waste. Due to the abnormal eating habits observed among parents and children, we were encouraged to undertake educational activities in this area. In addition, despite our previous activities related to environmental protection, we still see the need to increase environmental awareness among children and their parents. Our goal was to use seasonal and local food products, promote regional traditions, support domestic production, and shape the sense of responsibility for the state of the natural environment. Implement the habit of preventing litter by reducing waste.

Our goals have been achieved through various activities:

Establishing vegetable and herb gardens





Enriching children's knowledge about the health properties of vitamin C

FRUIT STICKS









Sowing mung bean sprouts, alfalfa



Tasting healthy sprouts





Bean cultivation



Pumpkin tasting from home



Fruit juices from native harvests, squeezing, tasting



"There was an egg" - a project method (eggs, size, structure, shape, birds).







III. Development of an action plan Family health and environmental picnic, tasting of fruit and vegetables grown by parents





Wycieczka do Miejskiego Zakładu Gospodarki Odpadami Komunalnymi.



"Eco fashion" - parents' involvement in cooperation - making an outfit using recyclable materials during the Women's Day Celebration.











Tree Day" - classes on the protection of trees and their importance in nature. "Where does the paper come from?" - conversation about the creation of paper and the role





of collecting waste paper.









III. Development of an action plan "Eco-gardens" The use of waste materials - flower pots, troughs.







IV Control and evaluation of activities

Tasks related to a healthy lifestyle and waste management were carried out in accordance with the action plan, there was no need to modify them. The current principal and program coordinators monitored the ongoing activities. The tool of the ecological effect in the area of food was the development of a survey for parents of children and kindergarten staff regarding the use of food from organic farming.

The tangible effect in the area of food was the creation of the seasonal calendar "Delicious, healthy, colorful four seasons in kindergarten" taking into account the specificity of the season and the availability of products. The material effect in the area of waste was the creation of a "Conscious Consumer Code".

IV Control and evaluation of activities





V Integration with the curriculum

The following elements from the core curriculum were included: Creating conditions that allow safe, independent exploration of the nature surrounding the child, stimulating the development of sensitivity and enabling learning about the values and norms relating to the natural environment, adequate to the child's stage of development Implement the habit of preventing litter by reducing waste. Acquiring the ability to implement changes in ecological behavior and attitudes Using concepts regarding the lives of animals, plants, people in the natural environment, the use of natural resources, e.g. fruit, vegetables and herbs.

 We presented our ecological activities and achievements at the annual Educational Forum in Konin, we put photos and information on facebook and kindergarten website and on the Green Flag website we put children's art works on newspapers in front of the halls and in the preschool hall we prepared multimedia presentations and disseminated them in the country and abroad as part of international projects.

As part of the action took place: 1. Happening - marching with banners and posters through the estate, manifesting the importance of caring for the environment and a healthy lifestyle 2. Planting trees in the kindergarten garden 3. Exhibition of recycling works. 4. Cleaning the world.























Eko-Code development

 In all age groups there were talks and didactic classes on healthy nutrition and waste management. Each group created their own ecological code, of which one was selected and placed in the preschool's hall.







Erasmus+

Thank you for your attention...